

Children's Psychological Wellbeing and Their Academic Achievement

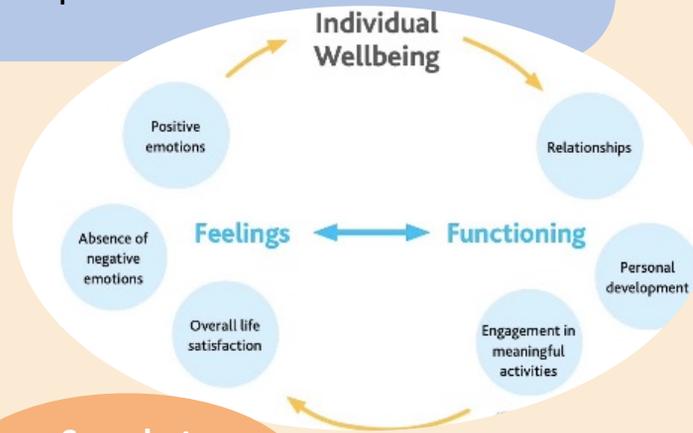
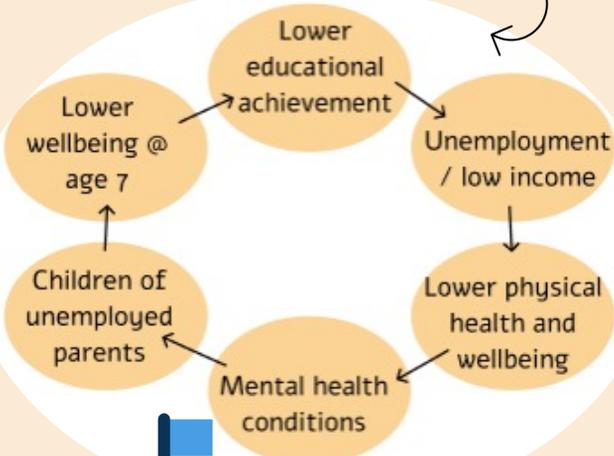
Children's wellbeing in the UK: A Crisis

Children in the UK:

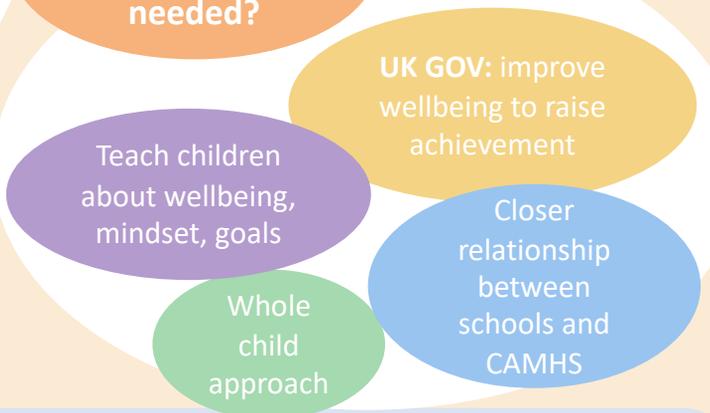
- Have a lower overall wellbeing than their European peers
- Are on a continued national decline
- The number of children aged 5-16 with a probable mental health condition is now **one in six**



This can have a long-term, detrimental impact:



So, what changes are needed?



Schools have a powerful role to play in solving this problem...

Introduction of 'mental wellbeing and emotional health'
Statutory RSE & Health Ed
Sept 2020

"I think young people need to feel like people care about what they feel like at school."
Marcus, Year 5

Workshop 1: Feelings

'feeling good at school'



Self-actualization:
achieving one's full potential, including creative activities

Esteem needs:
prestige and feeling of accomplishment

Belongingness and love needs:
intimate relationships, friends

Safety needs:
security, safety

Physiological needs:
food, water, warmth, rest

Workshop 2: Functioning

'doing well and feeling good at school'